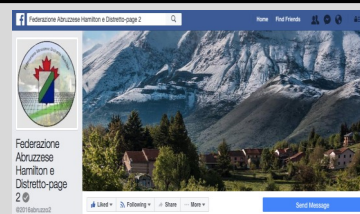




Bollettino della Federazione Abruzzese

Di Hamilton e Distretto

www.abruzzohamilton.org



420 Crerar Drive, Hamilton, Ontario L9A 5K3; Tel: 905-527-3400; Fax: 1-866-271-7523; email: fedabruzzo14@gmail.com



Hello to all members of the Federazione Abruzzese di Hamilton e Distretto. I bring you greetings from myself and our executive members.

Ciao a tutti i membri della Federazione Abruzzese di Hamilton e Distretto. Vi porto i saluti miei e dei nostri membri esecutivi.

Since our last Bollettino we had a successful Abruzzo in Festa Dinner/Dance at Liuna Station on April 13, 2024. We had the privilege of presenting the Premio Abruzzo to the Honourable Frank Iacobucci, retired Justice of the Supreme Court of Canada. It was an amazing evening enjoyed by all.

On Saturday August 10, 2024 we will be hosting an evening with Hamilton Forge FC, Hamilton's Soccer Club. The cost is \$40 which includes your game ticket, a porchetta sandwich, snacks and non-alcoholic drinks. Parking is available at St. Anthony's parking lot and can be purchased with your ticket. It will be a fun evening and I look forward to seeing you.

On Wednesday September 18, 2024 we will have our annual Festitalia Regional Food Dinner at Carmen's Event Centre. During the dinner, scholarships will be presented to bright young students. Please consider joining us for an evening of delicious Abruzzese food, the Scholarship presentations and music.

As a committee, we continue to meet on the 2nd Monday of every month. We have moved our monthly meetings to the new Hamilton Italian Centre located at 420 Crerar Dr. in Hamilton. As always, we will continue to review our programs and make changes where our events can be more inviting to all.

Come comitato, continuiamo a incontrarci il 2° lunedì di ogni mese. Abbiamo spostato i nostri incontri mensili al nuovo Hamilton Italian Centre situato in 420 Crerar Dr. ad Hamilton. Come sempre, continueremo a rivedere i nostri programmi e ad apportare modifiche per rendere i nostri eventi più invitanti per tutti.

I hope you and your family continue to have a safe and wonderful summer. I look forward to seeing you and meeting you at our upcoming events.

Spero che tu e la tua famiglia continuiate a trascorrere un'estate sicura e meravigliosa. Spero di vedervi e incontrarvi ai nostri prossimi eventi.

Distinti saluti,

Robert Ricci, *President*

FEDERAZIONE ABRUZZESE EXECUTIVE COMMITTEE 2022-2024

Ricci Roberto	President
Faiella Elda	1 st Vice President
Mugheddu Lucy	2nd Vice-President
Mastracci Tony	Treasurer
Marini Franca	Recording Secretary
La Civita Franca	Corresponding Secretary
Di Nardo Ersilia	Past-President
Cerminaria Marcel	Councillor
Ciotti Silvano	Councillor
De Luca Rita	Councillor
De Santis Sabrina	Councillor
Di Battista Carmen	Councillor
Di Ianni Angelo	Councillor
Di Nello Livio	Councillor
Liberale Lena	Councillor
Mancuso Anna	Councillor
Mauro Mary	Councillor
Presutti Remo Jr	Councillor
Presutti Remo	Councillor

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ABRUZZO IN FESTA, APRIL 13, 2024



Abruzzo in Festa is our annual 'spring fling' when we gather to celebrate the arrival of spring and the Premio Abruzzo Award Recipient. This year, the Premio Abruzzo award could not have gone to a more 'forte e gentile' (strong and kind) abruzzese! Our warmest Congratulations to Justice Frank Iacobucci, retired Supreme Court Judge and recipient of countless recognitions for his dedicated service to Canada! Justice Iacobucci is the first Italian Canadian to sit on the Supreme Court of Canada! Born in Vancouver, he is also very proud of his roots in Cepagatti, Pescara, Abruzzo.

He was very grateful to the Federazione Abruzzese of Hamilton for the Premio Abruzzo award. The award and event have also been acknowledged as far away as Abruzzo, Italy, with a congratulatory letter from Roberto Santangelo, Minister of Welfare, Culture and Education for the region of Abruzzo.

With a fine dinner, speeches by dignitaries, entertainment by the band Daybreak and organettist Claudio Santaluce of Toronto, door/raffle prizes, the evening was a great celebration for everyone! Big shout-outs to MC Larry Di Ianni, event Co-Chairs Sabrina LaCivita De Santis and Rita De Luca, event committee members Robert Ricci, Marcel Cerminara, Lucy Mugheddu, Elda Faiella, Franca LaCivita, Angelo Di Ianni, Carmen DiBattista, Livio DiNello, Tony Mastracci and everyone involved for making it such a special occasion for this special abruzzese!



UPCOMING FEDERATION EVENTS



**Are you ready for some soccer??
We have a game for you!!**

**Save the date
for an evening in Abruzzo!!**



Federazione Abruzzese di Hamilton e Distretto
Welcomes you to join us

**Saturday August 10, 2024
7:00pm**

Tim Hortons Field



Forge FC



VS

Atlético Ottawa

\$40.00
Includes
Game Ticket
Porchetta Sandwich
Snacks & non alcoholic drinks

Tailgate at St. Anthony's Parking Lot starts 4:30pm
Reserve your parking spot when purchasing your ticket for \$10.00

For Tickets
Marcel Cerminara 905-928-5512
Robert Ricci 905-536-3199
Deadline for tickets is Wednesday July 31, 2024



FEDERAZIONE ABRUZZESE OF HAMILTON

Festitalia
AMITES YOU TO OUR

Abruzzo Regional Food Night!

Menu
Bread, butter, white rosemary focaccia
Rich Antipasto, Arancini
Pasta alla Chitarra with fresh tomato and basil
Pasta alla Chitarra with rapini and sausages
Veal Scaloppini with Mushrooms and Roasted Potatoes
Sausages with Peppers and Onions
Charred Broccoli and Fried Yellow and Red Peppers
Garden Salad
Venetian and Sicilian Cannoli and Abruzzese Ciambelle
Coffee, tea, espresso, Cash Bar

Wednesday, September 18, 2024
Carmen's Banquet Centre
1520 Stone Church Rd E. Hamilton, ON
Dinner at 6:30pm, \$60 per person

For Tickets contact:
Ersilia Di Nardo 905-578-9504
Elda Faiella 905-561-9126
Franca LaCivita 289-925-5593

TICKETS ON SALE NOW!
Join us for great food, music and special presentations!



Messaggio dal Vice Consolato Italiano di Hamilton



Carissimi Amici della Federazione Abruzzese di Hamilton, colgo l'occasione per augurarvi un felice anno nuovo pieno di salute, amore e prosperità!

Sono lieta di farvi sapere che l'ufficio del Vice Consolato Onorario si trasferirà nel nuovo Centro Culturale Italiano di Hamilton a partire dal **1° febbraio 2024**. Un sincero ringraziamento ai Figli e Figlie d'Italia per la loro generosa offerta di ospitare il VCO nel loro nuovo centro culturale al 420 Crerar Drive. Il mio ufficio sarà situato al primo piano vicino all'ingresso principale e sarà aperto solo su appuntamento (martedì e giovedì) poiché non c'è receptionist o segretaria che possa ricevere visite o telefonate.

Per contattarmi, è preferito l'uso della comunicazione email per poter inviare tutte le informazioni richieste ed averle alla vostra disposizione per riferimento in ogni momento.

Email: viceconsulhamilton@gmail.com

Condivido con voi le ultime notizie sul rilascio del passaporto per chi è già cittadino italiano:

La procedura e i costi per il primo passaporto ed il rinnovo del passaporto, valido o scaduto, sono gli stessi.

Il Vice Consolato Onorario ad Hamilton è ora attrezzato di un kit biometrico per il prelievo delle impronte digitali e della firma digitale, ed della scansione delle foto per passaporto. In effetti, il rilascio ed il rinnovo del passaporto si possono ora effettuare tramite il mio ufficio invece di fissare un appuntamento presso il Consolato Generale a Toronto. Una volta inviati il modulo e i documenti richiesti con due buste prepagate Canada XpressPost al Consolato Generale a Toronto, il nuovo passaporto verrà inviato a casa vostra in poche settimane!

In alternativa, si può fissare un appuntamento con il Consolato tramite il sistema di appuntamenti "Prenot@mi".

Ecco le informazioni necessarie...

https://constoronto.esteri.it/consolato_toronto/it/i_servizi/per_i_cittadini/passaporti

La tariffa attuale per il passaporto che è valido per 10 anni è di \$171.00 pagabile con un vaglia postale (money order) intestato al Consolato Generale d'Italia.

Auspiciando di incontrarci presto, porgo un caloroso saluto, *Susanna Fortino Boggo*

FEDERAZIONE ABRUZZESE ANNUAL GENERAL MEETING AND ELECTIONS: NOVEMBER 3, 2024

We invite you to consider standing for election as a delegate on November 3rd. You will serve a two-year term and participate in advancing the great work of the Federazione. Contact any board members for information.



Please remember to renew your membership for 2025!



FEDERAZIONE ABRUZZESE CALENDARIO 2024

- 10 Agosto 2024: Forge FC game-Tim Horton's Field and Tailgate Party – St. Anthony's Parking Lot
- 14 Settembre 2024: Federazione Abruzzese Team at the Festitalia Grape Stomp – Fortino's Mall Road
- 18 Settembre 2024: Festitalia Regional Food Night – Carmen's Banquet Centre
- 03 Novembre 2024: Annual General Meeting and Elections – Carmen's Banquet Centre
- 12 Dicembre 2024: Christmas Concert – St. Catherine of Siena Church

Congratulations!



Angelo Di Ianni received an Award of Distinction, February 15, 2024, by the Niagara Catholic District School Board.

He is Niagara Catholic's founding Director of Education, serving first as the Director of the Welland County Roman Catholic Separate School Board from 1995-1997, then as the Director/Secretary Treasurer of the newly amalgamated Niagara Catholic District School Board from 1998-2008. Mr. Di Ianni was Chair of the English Catholic Council of Directors of Education (CODE) from 2002-2003. In that role, he enthusiastically advocated for the importance of a strong Catholic education system in Ontario. He was the 2006 recipient of Niagara University's Canadian Administrator of the Year. In 2007, He received the Ontario Catholic Supervisory Officers' Association Distinguished Leadership Award. He created faith formation programs for teachers, principals, and trustees, including the annual Advent celebration for the Bishop, parish priests, and administrators. He also created and oversaw faith formation opportunities for non-teaching employees and Board sponsored religious education credit programs for all employees through Christ the King Seminary. Mr. Di Ianni recognized the importance of the home-school-parish triad in supporting the faith and educational life of students. Through this, he recognized the importance of Catholic School Councils and Parent Involvement Councils and was instrumental in the creation of the province's first regional Catholic School Council. The Niagara Foundation for Catholic Education was created under Mr. Di Ianni's leadership, as was the Niagara Catholic Education Award of Distinction and the Italian Heritage Language program, leading to government support and funding of all international language programs. For his leadership in Catholic education and his innovation in ensuring students are offered relevant programming, we are proud to honour Angelo Di Ianni with a Niagara Catholic Education Award of Distinction. Tanti auguri da tutti noi! We wish you all the best, Angelo!



Lucia Marchionda was awarded the 2023 Government of Canada Emerging Leader Award.

This prestigious honour recognizes individuals who have made significant contributions to their communities through volunteerism, inspiring others to make a difference. Lucia received the award for the Ontario region on April 15, 2024, in Ottawa, Ontario. As part of the award, Lucia was granted \$5,000 to donate to a non-profit organization of her choice. She chose the Wish Heart Fund, which supports patients and families at McMaster Children's Hospital Oncology Ward. The donation will help provide toys, books, gift cards, and maintain the slushie machines for children battling cancer. The Federation wishes Lucia much continued success in her volunteerism and career goals!



Vanessa Montrichard is a talented and rising Canadian cyclist, 18 years old and a first-year student at Mohawk College, interested in business. She started riding the mountain bike trails in Dundas with her father for fun, then joined NCCH (National Cycling Centre Hamilton) in Ancaster to compete. During the pandemic, she worked super hard and was noticed the following season by a head coach. She competed at Milton track when it reopened post pandemic. She got her first National title as under 17 rider; Elimination race. Vanessa earned six additional National Track titles. She now rides for Valley Velo, a local women's cycling team, supported by local businesses: Liuna Local 837, Velo Law, Holman and Cafe' Domestique. Her short-term goals include Podium for 2025 Canadian Championships for Road race and Time Trial; to represent Canada at 2025 Pan Am Championship and Nations cups and Track Worlds. Vanessa's long-term goals are to represent Canada at the 2028 Summer Olympics track or Road and to race with a world tour team.

Vanessa's grandparents are fellow abruzzesi; Vince DiBacco from Bagnaturo AQ and Mary Di Bacco from San Gabriele, TE. The Federation wishes Vanessa much continued success and the realization of all her goals!

News from the Clubs

The Brittolese picnic took place at Christie Conservation on Sunday June 30th. Lunch was porchetta and dinner was barbecued spiedini. The warmth and friendship of the Brittolesi people helped to lessen the chill in the air. Everyone enjoyed the food and the company.

Mary Mauro, President, Associazione Brittolese of Hamilton



UPCOMING CLUB EVENTS



Festa di Santa Margherita e San Benigno

Domenica 28 luglio
presso la parrocchia di St. Antonio
Messa alle 3 pm
Festivita' nel parcheggio con
DJ's Mario e Margherita da Toronto
Il Coro Abruzzese



The 63rd Annual Introdacqua Picnic

Sunday, August 4, 2024
Famee' Furlane Park
3457 Hendershot Rd., Binbrook, Ontario
\$10 per person entrance fee
Children under 10 FREE

Picnic Schedule

9:00am Park Opens
1:00pm Bocce Tournament Begins
2:00pm Mass and Procession - Father Francesco Cucchi
3:30pm Kids' Games
7:00pm Raffle, Bocce Winners, Bandasima and Music!

Financial Wellness Factors: Your Path to Financial Control

Financial wellness is more than just managing money; it's about achieving a balance that leads to a secure and fulfilling life. Our book, "The Factors of Financial Wellness," was born out of a desire to teach these essential lessons to our sons and to provide a comprehensive guide for anyone seeking financial stability and security. As proud Italians, we emphasize the importance of family and community in achieving financial wellness.

Financial wellness involves controlling your money effectively, planning for the future, and creating a sense of stability. It's about making informed decisions that enhance your overall well-being and financial security.



Our journey began in 2012, driven by a personal challenge: a thyroid cancer diagnosis. We wanted to leave a legacy of financial wisdom for our sons, should the worst happen. We share our personal journey and heartfelt advice throughout the book. Our Italian heritage taught us the value of family and this is reflected in our commitment to ensuring our children and community are financially secure. Here are some of the items we discuss in our book: Budgeting and Saving, Debt Management, Investing for the Future, Insurance and Risk Management, Estate Planning and Financial Education.

Our book also addresses the importance of resilience in the face of adversity. Whether it's a personal health crisis or a financial setback, the principles of financial wellness remain constant and provide a roadmap to recovery and stability. Our experiences, rooted in the strength and solidarity of our Italian family and community, have taught us that together we can overcome any obstacle. We provide practical tips and real-life examples to illustrate how these factors can be applied. From creating a budget to making investment choices, our book serves as a step-by-step guide to financial wellness.



Family & Community



In today's world, with economic uncertainties and rising costs, achieving financial wellness is more important than ever. Our book aims to equip you with the knowledge and tools to take control of your finances and enhance your overall quality of life. As Italians, we believe in the power of family and community, and we are proud to share these values with you. We hope that "The Factors of Financial Wellness" will inspire and guide you on your journey to financial control and stability.

In order to give back to our community you can get a copy of the book for free, we are asking for donations to the Pediatric Hospice called Keaton's House being built in Dundas. Feel free to contact us for a copy of our book.

Joe Trombetta and Gina Colalillo, Titan Mortgage Group, Stoney Creek, ON 

L'Aquila Awarded Italian Capital of Culture 2026

From Life in Abruzzo An Italian-registered 'Associazione Culturale', a Not-for-Profit Cultural Association March 14, 2024

<https://lifeinabruzzo.com/laquila-wins-cultural-capital-2026/>



Abruzzo's capital city L'Aquila has been awarded the prestigious title of Italy's Capital of Culture 2026, with a grant of 1 million euros to showcase its cultural richness and development prospects. L'Aquila mayor, Pierluigi Biondi was delighted and in his acceptance speech said:

"L'Aquila is about to celebrate the 15th anniversary of the earthquake. An event that has affected us not only as institutions but as citizens. Being the Italian capital of culture is not compensation but represents an element around which to rebuild the social fabric of our community. Culture is a founding element; it's the recovery of identity and projection into the future."

Blue Flags 2024: Ortona Gives Another Flag to Abruzzo



Ortona, this year's new entry, has obtained the coveted recognition from the Foundation for Environmental Education, raising Abruzzo to 6th place in the national ranking, and to 15 the number of seaside tourist resorts that respect the criteria relating to sustainable management of the territory.

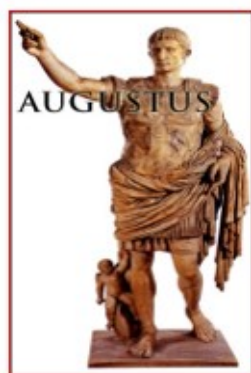
The Blue Flag is an international recognition, established in 1987, which is awarded every year in 49 countries with the main objective of directing the local management policy of numerous locations on the coast towards a process of environmental sustainability.

In Italy this year, 236 seaside resorts and 81 tourist ports were awarded whose bathing waters were excellent and who committed themselves to solving and improving the problems relating to land management over time, offering strong attention to the protection of the environment, but also accessibility and services for swimmers. The 32 parameters required for the issue of the Blue Flag also include actions to protect local fauna, but also the presence of adequately trained beach assistants and quality equipment to make seaside holidays comfortable for people with disabilities.

The other locations reconfirmed in Abruzzo are Francavilla al Mare, Fossacesia, Vasto, San Salvo, Martinsicuro, Alba Adriatica, Tortoreto, Giulianova, Roseto degli Abruzzi, Pineto, Silvi, Pescara together with the lakes of Scanno and Villalago.

https://www.stradadeiparchi.it/bandiere-blu-2024-ortona-regala-unaltra-bandiera-allabruzzo/?fbclid=IwZXh0bgNhZW0CMTAAR3y-wxnnY5G7nwimLbpsL3T_1LefmALgmu04Xuv7S5evULzfghM6C1aqRU_aem_ZmFrZWRR1bW15MTZieXRlcw

The Ferragosto Holiday



The term Ferragosto comes from the Latin Feriae (holiday) Augustus after the Roman emperor Octavian Augustus. The holiday was started on August 1st 18BCE by emperor Augustus to gain popularity with the people. It was a time of relaxation and rest from the harvest.

The holiday is still celebrated today but on August 15th to coincide with the catholic feast of the Assumption. This is a time when Italians generally start their holidays. They leave in droves to get away from the heat of the cities and travel to beaches and mountains.



In Abruzzo, people celebrate by going on picnics and feasting on arrostitini and watermelon. Those who celebrate at home often have timballo (lasagna) and arrostitini. While in Canada we eat lamb spiedini, the Abruzzesi eat sheep (mutton) because of the extra fat and flavour. We have certainly passed on a delicious tradition to both Italo-Canadians and anyone who enjoys lamb.



BUON FERRAGOSTO A TUTTI !!



Corpus Domini Infiorate

In Abruzzo on the feast of Corpus Domini was on June 2, 2024. Many towns created beautiful works of ground art called infiorate, or floral carpets for the occasion. They are created by the townspeople, using flower petals picked from local fields days before. Usually, the artistic designs are drawn on the ground and then filled in with the different coloured flowers to form beautiful religious symbols. They are placed along routes in village where processions take place before or after masses on the feast of Corpus Domini. These are a few photographs of the infiorate, one from each province in Abruzzo.



Pescasseroli, AQ



Vasto, CH



Scafa, PE



Giulianova, TE

L'Angolo Dello Sport

Women's Giro d'Italia, July 7-14, 2024



The Women's Giro d'Italia started in the region of Lombardy and crossed five regions, Emilia-Romagna, Le Marche, Umbria and Abruzzo. Twenty-one teams raced from Brescia to Sirmione, Volta Mantovana, Imola, Urbino, Frontone, Foligno, San Benedetto del Tronto, Chieti, Lanciano, Blockhaus, Pescara, and came to a thrilling finale in L'Aquila, capital of Abruzzo. The winner of the Maglia Rosa or the pink jersey was Elisa Longo Borghini, two-time Olympic bronze medalist and the first Italian to win the race since 2008!



Be sure to visit our:

Facebook page: <https://www.facebook.com/2016abruzzo2/>

Instagram account: <https://www.instagram.com/abruzzohamilton/>

Youtube channel: <https://www.youtube.com/channel/UCFP-EH6npE575Qhy984c0ng>

Website: www.abruzzohamilton.org

To learn about all things Abruzzo: www.lifeinabruzzo.com

Please inform a member of the executive committee of any milestone birthdays, anniversaries, and cards of condolences.



Comitato per il Bollettino: Remo Presutti, Mary Mauro, Franca La Civita, Lena Liberale, Paula Mucci, Ersilia Di Nardo.